

2016

**Training Report**  
**Reporting Period: January - December 2016**

Implemented by  
**Rishilpi Health Program**

Financial Support by  
**TAVOLA VALDESE**



**Progetto Uomo**  
**Rishilpi International Onlus**

## Preface:

Rishilpi aims at the physical rehabilitation of children with disability (CwD) as well as at their social inclusion into mainstream society. We do it through a multidisciplinary approach based on physiotherapy treatment, occupational therapy (to enhance the daily living activities) and special education. We believe that training, education and counseling are the best way to raise community awareness and help the integration of people with disability.

***TAVOLA VALDESE*** is a donor of Rishilpi International Onlus. ***The main goal of the project cofinanced by TAVOLA VALDESE is to enhance the skills of service providers and increase the knowledge of community people to prevent disability. Skill development trainings target caregivers, paramedics and traditional birth attendants. Awareness raising trainings target community people and students.***

### **Purpose/Aim of the TAVOLA VALDESE Project:**

1. To enhance the capacity of rehabilitation workers such as Physiotherapy Assistants/Attendants, Special Teachers, Occupational therapy staff to handle patients appropriately and play a proactive role for their physical rehabilitation.
2. To increase capacity/ skill of community Traditional Birth Attendants, so that they can reduce disability prevalence rate ensuring safe delivery and assuring proper pre-natal and post natal care.
3. To reduce disability prevalence rate by creating awareness regarding the bad effects of early marriage and promote the equal rights of the disabled children in education through the Institute Based Awareness.
4. To reduce disability prevalence rate by creating community awareness and promote the rights of the disabled children in the family and the society.

## **1. Institute Based Awareness (IBA) Training**

Children with Disability are neglected in the school premises and they are deprived of equal access and opportunity in school and society. Youth and adolescents are the key target groups of our training called Institute Based Awareness whose main objectives are to reduce disability prevalence rate by creating awareness regarding the bad effects of early marriage, create an enabling environment for inclusive education and promote the education and participation rights of children with disabilities in society.





During IBA training sessions, the following themes were discussed: Disability cause and prevention, child marriage, Rights of children with disabilities and Inclusive education.

### Result

At the end of each training, a post test/evaluation was conducted by the Trainer/Facilitator to assess what participants learnt. The training evaluation showed that participants learned about disability prevention, Child Marriage and its bad effects, and about

the rights of people with disability. The training programs had an immediate output/result and the indicators of the result are given as follows:

- Participants can explain the definition of disability, type of disability and cause of disability.
- Participants are now aware of disability and its early treatment and they will refer for physiotherapy those who are disabled.
- Participants are now committed to not use any neglected word to children with disability.
- Participants are able to explain the bad impact of early marriage.
- Participants are committed to create an accessible education environment where children with disability are integrated into class.
- Female participants have shown a strong commitment to prevent early marriage and agreed not to get marry before 18 years of age.



## 2. Training for Special Education Teachers

The purpose of special education is to create an enabling environment in school that allows children with disability to develop their full potentials.

The Special Education unit organized the trainings at Rishilpi main center.

The main issues discussed during trainings were:

- Inclusive and general education.
- Types of disability
- Guideline of education
- Introduction of special education
- Learning process
- Capacity of learning
- How to solve teaching challenges
- Goal plan and room decoration for students with disabilities
- Steps of lesson plan
- Task analysis



## 3. Training for Physiotherapy and Occupational Therapy Staff

Training is required among our physiotherapy staff to develop their skills and enable them to acquire new technique. Some of the major discussions during trainings were as follows:

- Introduction of Cerebral Palsy and Autism
- Introduction of neurodevelopment Disorder
- Causes of Autism
- Cerebral Palsy
- Diagnostic Criteria Of Autism
- Sensory processing
- Management of Autism and Cerebral Palsy
- Introduction of Attention Deficit Hyperactive Disorder (ADHD)
- Symptoms, diagnosis and management of ADHD
- Adaptive behavior analysis in ADHD

## 4. Training for Traditional Birth Attendants

Reduction of disability rate and safe motherhood is the main goal of Maternal and Child Health Care Unit of Rishilpi Health Program. To achieve these goals the unit provided maternal health care services to the community through training of Traditional Birth Attendants (TBAs). At present the unit has 300 TBAs who are working for promoting safe delivery to the community. During their work they have faced many challenges in dealing with complicated cases and need proper guidance and instruction to overcome their limitation. As TBAs are working as attendants during delivery, they should have appropriate knowledge and skills to ensure a safe delivery process. Refreshers trainings are one of the best ways to enhance their capacity and to make them confident to dealing with pregnant mothers in the community.



Some of the key topics discussed during trainings were:

- Introduction of home birth
- Necessity of home birth
- Complication during pregnancy
- How to recognize danger sign
- Introduction of home birth technique
- Steps and procedure
- Overall management



# INFORMATION ON THE TRAININGS HELD

**TABLE: A (April to October) 2016**

Name of Training	Date	Venue	Participants/Students			Facilitator
			Boys	Girls	Total	
1. Institute Based Awareness (IBA) Training	April 07, 2016	Bolli MD Mujibur Rahman High School, Satkhira	21	59	80	Samson Biswas and Akter Faruk
	April 28, 2016	Kuskhali High School, Satkhira	32	48	80	Samson Biswas and Thakur Das Sarkar
	April 28, 2016	Deara High School, Kalaroa in Satkhira	42	38	80	Sankar Chandra Debnath and Akter Faruk
	April 26, 2016	Alipur Adarsho Girl's High School, Satkhira	00	80	80	Samson Biswas and Thakur Das Sarkar
	May 10, 2016	Khalilnagar Union Girl's High School, Tala in Satkhira	00	80	80	Samson Biswas and Akter Faruk
	June 06, 2016	H.N.G. High School, Tala in Satkhira	40	40	80	Samson Biswas and Akter Faruk
	June 05, 2016	Kabi Najrul Islam School, Tala in Satkhira	32	48	80	Samson Biswas and Akter Faruk
	July 21, 2016	Dorgapur S.K.R.H. School & College	0	80	80	Shankar Kumar Dhali, Samson Biswas and Thakur Das Sarkar
	July 30, 2016	Dorgapur Protobondhi School	38	42	80	Shankar Kumar Dhali, Samson Biswas and Thakur Das Sarkar
	August 08, 2016	Ghosnagar, Gangarampur Girl's High School	00	80	80	Samson Biswas and Akter Faruk
	August 11, 2016	Budhata B.B.M Collegiate School	46	34	80	Samson Biswas and Thakur Das Sarkar
	August 13, 2016	Jagoroni High School	38	42	80	Samson Biswas and Akter Faruk
	August 18, 2016	Gobordari, Jordia School & * Collage	45	35	80	Samson Biswas and Thakur Das Sarkar
	August 24, 2016	Islamkati P.N. Bahumuki High School	33	47	80	Bhaboronjon Mondol and Akter Faruk
	September 27, 2016	Kholishkhal; i Magura S.C Collegiate Institution in Khulna	40	40	80	Samson Biswas, Abu Sayed Shakil and Akter Faruk
	September 29, 2016	Machkhola High School in Satkhira	20	60	80	Samson Biswas and Thakur Das Sarkar
	October 27, 2016	Bharukhali Shammaline High School	69	11	80	Samson Biswas and Akter Faruk
	October 30, 2016	Sonar Bangla High School	29	51	80	Samson Biswas and Thakur Das Sarkar
<b>Total IBA 18</b>			<b>525</b>	<b>915</b>	<b>1440</b>	
2. Community Based Awareness (CBA) Training	April 11 & 12, 2016	Omrapara Community, Dhulihor, Assasuni in Satkhira	04	80	84	Samson Biswas and Thakur Das Sarkar
	April 17 & 18, 2016	Jalalabad Community, Kalaroa in Satkhira	06	78	84	Samson Biswas and Akter Faruk

	May 15 & 16, 2016	Atharoi Community, Tala in Satkhira	13	71	84	Samson Biswas and
	July 19 & 20, 2016	Dorgapur Community in Assasuni, Satkhira	00	84	84	Samson Biswas and Thakur Das Sarkar
	July 23 & 24, 2016	Khordobatra Community in Kalaroa, Satkhira	07	77	84	Akter Faruk
	July 25 & 26, 2016	Khetopara Community in Kalaroa, Satkhira	05	79	84	Akter Faruk
	July 27 & 28, 2016	Jaynagor Community in Kalaroa, Satkhira	07	77	84	Akter Faruk
	July 26 & 27, 2016	Dorgapur Community in Assasuni, Satkhira	00	84	84	Samson Biswas and Thakur Das Sarkar
	August 10 & 11, 2016	Budhata Community in Assasuni, Satkhira	00	84	84	Samson Biswas and Thakur Das Sarkar
	August 28 & 29, 2016	Pachpara Community in Tala, Satkhira	05	79	84	Akter Faruk
	August 30 & 31, 2016	Dalutpur Community in Tala, Satkhira	05	79	84	Akter Faruk
	September 20 & 21, 2016	Bharukhali Community in Satkhira	08	76	84	Samson Biswas and Thakur Das Sarkar
	September 27 & 28, 2016	Sonardanga Community in Satkhira	02	82	84	Sankar Chandra Debnath and Thakur Das Sarkar
	<b>Total CBA 13</b>		<b>1112</b>	<b>2860</b>	<b>3972</b>	
3. Training for Traditional Birth Attendant on Health pre-natal mother and unborn child	August 27 & 28, 2016	Rishilpi Training Centre	00	40	40	Dr. Md. Barkot Ali, Md. Abdul Kuddus and Popi Das
4. Training on Promotion of Safe Delivery for Nurses and Paramedic	July 23-25, 2016	Rishilpi Training Centre	01	04	05	Selina Akter, Senior Staff nurse, Sador Hospital in Satkhira
5. Training on Maternal and Reproductive Health for Nurses and Paramedic	July 26-28, 2016	Rishilpi Training Centre	01	04	05	Selina Akter, Senior Staff nurse, Sador Hospital in Satkhira
6. Training for Physiotherapy and Occupational Therapy Staff on Rehabilitation Process	October 13-15, 2016	Rishilpi Training Centre	08	11	19	Firoz Ahmed Mamin
7. Training for Physiotherapy and Occupational Therapy Staff on Low Back Pain	October 23-24, 2016	Rishilpi Training Centre	08	11	19	AFM Mehadi Hasan

**TABLE: B (November to December) 2016**

Name of Training	Date	Venue	Participants/Students			Facilitator
			Boys	Girls	Total	
1. Institute Based Awareness (IBA) Training	November 10, 2016	Rishilpi Centre School	35	45	80	AFM Mehadi Hasan, Samson Biswas and Thakur Das Sarkar
	November 29, 2016	Protappur Nivarani High School	54	26	80	Samson Biswas and Akter Faruk
	November 28, 2016	Kakilakhali Shommoline Girl's High School	00	80	80	Samson Biswas and Akter Faruk
	December 18, 2016	Jetpur Technical and Business Management College	39	41	80	Samson Biswas and Thakur Das Sarkar
	<b>Total IBA 4</b>			<b>128</b>	<b>192</b>	<b>320</b>
2. Training for Traditional Birth Attendant on General Techniques of Home Birth	November 16 & 17, 2016	Rishilpi Training Centre	00	40	40	Dr. Md. Barkot Ali, Md. Abdul Kuddus and Popi Das
3. Training for Special Teacher on Potential of learning in the students with disability	November 29 & 30, 2016	Rishilpi Training Centre	01	09	10	Bhaboronjon Mondol, Senior Special Teacher
4. Training for Special Teacher on Strategies of integration /inclusion school and social disability	December 14 & 15, 2016	Rishilpi Training Centre	01	08	09	Md. Shafiqul Islam
5. Training for Physiotherapy and Occupational Therapy Staff on Advanced Treatment for Cerebral Palsy and Autism	November 26 & 27, 2016	Rishilpi Training Centre	08	11	19	Osman Goni, PT. MPT.



## Conclusion

Training is the process to develop skills and increase possibility to be effective and productive at work. This project implemented by Rishilpi international Onlus in partnership with TAVOLA VALDESE and logistic collaboration of **Dorgahpur Protibondhi School** has eventually brought about changes in the life of the community in terms of a more prepared paramedic staff in our rehabilitation centers, skilled traditional birth attendants, and more aware young people on the damages of early marriages. Disability seems to be perceived so far less as a taboo than years ago.



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